
September/October 2020

The Pacer

PO Box 282, Anderson, IN 46015

www.andersonroadrunners.org

ARRC Editor Chatter

Welcome to the September/October Pacer. I had hoped by this time to be much more back to normal. It just looks like this is not going away anytime soon. I am wearing a mask when out in public. Membership and fees for this year will also apply through the end of 2021. So what you have signed up for in 2020 is good through 2021.

The **2020 Thursday Night** races will continue in September and through the second week of October at Shadyside at the 5:30P for Walkers and 6:00P for the Runners maintaining social distancing before and after the races. We are recording times after the races if you choose but are not doing points or age group awards this season. So this is more of a self-competitive racing year. If you are uncomfortable with the gathering, a log book has been placed at the rear entrance to the activity center where you can record your lap time that you can do on your own any time during the week.

The Thursday Night Races will be conducted from July 9th through October 8th for a fourteen week series at Shadyside.

You can sign up online at the following link:

<https://runsignup.com/Club/IN/Anderson/AndersonRoadRunnersClub>

The 2020 ARRC Road Series has been discontinued due to the number of cancelled races.

New Board Members – Please welcome Amanda Bennett as the new Director at Large for ARRC Social Media. Amanda will be supporting the club on Facebook, Twitter, Instagram, Strava and other social media interfaces for the club.

Please also welcome Tyler Barker as RTM Co-Director. He is working with me to plan and conduct this year's 39th Annual Run the Mounds races. Tyler brings a new energy to the race.

Shadyside Mile Marker Sign Posts

The signage is ready. Waiting for resources with the Park Dept. to become available for installation.



Upcoming Events

Sept. 5th – White River Run 10K and 5K at Blue Bridge 9:00A

Sept, 12th – CRRG Fair in the Square 5K, Half and Full Marathon Danville IN 7:15A

Sept. 19th – CRRG Ladies 5K and Half Marathon 7:30A Military Park Indy

Oct. 24th – Red Gold 5K and 10K races now virtual.

Oct. 24th – DINO Tecumseh trail Festival. Quarter, Half Full Marathons and 50K Yellowwood Lake IN

Nov. 1st – Run the Mounds 5 mile run and 5K walk and run. 2:00P Mounds State Park

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ARRC Social Media Amanda Bennett

Amanda Bennett has agreed to help direct the club in social media areas. She has already been working with the ARRC Facebook page. The before Thursday Night Race pictures are a nice addition she has created. Listed below are several of the social media locations. We are #WeRunAndersonIN

Instagram

<https://www.instagram.com/andersonrrclub/?hl=en>

Strava

<https://www.strava.com/clubs/anderson-road-runners-club-593298>

Twitter

<https://twitter.com/AndersonRRClub>

Strava is a great app to record your run information and stats along with following Friends that utilize it. There is a free application or a Premium app that is \$5 a month. Worth checking out.

Bud Stiffler In Memoriam

It was with great sadness that I learned of passing of Bud Stiffler. I had stopped by his house several times in February, but did not get anyone to come answer the door, I had heard he was frail. As gregarious as he was at times, he was a proud private person at other times. I wished I had been able to do more for him, I did respect his decision of privacy.

While many remember him only as the guy whom handed out water on Thursday night races at Shadyside, Bud was an extremely accomplished runner and distance runner. He was a nationally recognized distance runner with many famous runners as friends that respected him deeply. He was a long time member of the Anderson Road Runner and Fort Wayne Track Clubs. I wish I knew the true number of races he competed in and completed. He raced in most of the Indy Mini's, HUFF ultras, 8 Hour Howl at the Moon ultras, Chicago Lakeshore 50 milers, some 100 milers, Run the Mounds Races and too many to list. He had running logs documenting his well over 80,000 running miles. In perspective, that is more than three times around the Earth's equator. The man was an encyclopedia of running, training and racing. If you were truly interested he was more than eager to share every kernel of his knowledge and experience.

I always remember him referring to everyone as "Champ". He would always praise your latest running or walking accomplishments while neglecting to mention any of his own. He was a true running ambassador his entire life. He was a true source of inspiration for a number of distance runners in this area.

When I am now walking along the river trail at Mounds, I still expect to walk into him and hear that familiar "Hey Champ" greeting. I MISS YOU Bud!

The ARRC has not forgotten Bud. We are trying to come up with a way to properly honor his memory. There have been several suggestions that will take quite a bit of work to implement. If you have ideas and or want to be a part of implementing, please contact a board member.

2020 White River Run Saturday Sept. 5th

The White river run will be held on Saturday September 5th in conjunction with the Anderson On Tap festivities at the Anderson Town Center. Packet pickup and any day of registrations will start at 7:30A near the parking lot by the Blue Bridge. Races start at Edgewater Park and finish just past the entrance on the west side of the Blue Bridge.

There will be new courses for both the 5K and 10K races. Parking will be available at the Work One parking lot near the Blue Bridge. Packet pickup will be by the Blue Bridge for bibs and shirts. Participants can then walk to the start line near the 10th street parking area. 10K run will start at 9:00A, followed by 5K runners at 9:20A and 5K walkers at 9:25A. Finish line will be the west entrance side of the Blue Bridge.

We are giving cash and New Overall Award plaques this year. Who will win one?



Shirts are in, we will have a very limited supply available on race day if you did not preorder. We will also have Club items for sell. We accept cash and credit cards now.



Anyone taking race pictures and placing on social media please post with #WhiteRiverRun hashtag

Online signup at the following link:

<http://www.WhiteRiverRun.com>

Run the Mounds Sunday November 1st

The 39th Annual Run the Mounds is still currently on track for Sunday November 1st. Please welcome Tyler Barker as Co-Race Director for the race. We are working together to bring about a successful set of races with the changes that the pandemic has brought about. The courses are still the same with plenty of roots rocks and other playful objects. Looks like a bounty of acorns to remove this year.

We have met with the Mounds Park Staff and the proper paperwork has been submitted to obtain the use of the Park and Pavilion. Due to the current mandates, only 250 total participants in the three races are allowed. We have arbitrarily set the race participation as follows: 110 participants in the five mile run, 110 participants in the 5K run and 30 participants in the 5K walk. If we enter stage five, the 250 figure would increase.

To avoid some volunteer contact with participants, DINO will be chip timing this year's race with gun time not total chip time. There will be no post-race awards ceremony this year. All race finishers will receive a finisher medal and the Overall Male and Female awards for each race will be handed out at the finish area. There will still be a grab and go post-race meal available at the Pavilion but no inside seating. All individuals entering the Pavilion will be required to wear a mask regardless of what stage we may be in at that time. We prefer to err on the side of safety for our volunteers and staff. The traditional water stops at 1.5 and 3.0 miles will still be there. Cups of water will be on tables for participants to grab as they run or walk by.

More information to come. You may want to sign up early in case this sells out.

2020 Membership Information

It's that time again to renew your membership or join as a new member for the 2020 season!! As stated previously, your ARRC membership and any Thursday night, Road Series and any other fees paid for in 2020 are good through the end of 2021. You have 2 options to register as a Club Member. We still accept paper registration forms at:

http://www.andersonroadrunners.org/membership/2020_membership/ARRC_2020_Member_Form.pdf

However, we prefer your online membership registration, available now at:

[Anderson Road Runners Club](#)

You can sign up online at:

<https://runsignup.com/Club/IN/Anderson/AndersonRoadRunnersClub>

Edna West Bench Dedication

It was a rainy Thursday night on July 27th. That did not dampen the spirits or deter the dedication of the bench for Edna West near the Shadyside ARRC start-finish line. The West Family brought a large display of Edna memorabilia including pictures and numerous race awards.



It was in very good spirits that people shared their memories of Edna, Jane Simmons related her longtime friendship and exploits with Edna. Edna was constantly running.



And finally a picture of the West Boys sitting on the bench.



It was a inspiring evening Honoring a Lady that so made the Club so much better with her presence. She ran everywhere she went and is "Still Running"!!

Race Maker Productions

Lee at Race Maker Productions has offered race discounts for his many races to the Anderson Road Runners Club. See the attached for some really fun races that you may be able to work into your schedule. They have also been affected by the pandemic. If interested please check their website for current race information.

RACIN' WITH RACEMAKER 2020

DON'T FORGET! CLUB DISCOUNT CODE:
ANDERSONRRC

RACEMAKER.ORG

Date	Race Name	Distance	Logo
JAN. 4TH	Resolution XC	5k & Kid's Dash	RESOLUTION XC RUN
FEB. 9TH	LoveStruck 5k	5k	LoveStruck - RUN INDIAN
FEB. 29TH	Friggin' Frog XC	5k, 10k, Kid's Dash	FRIGGIN' FROG
MAR. 15TH	No Luck Irish Run	Half, 5k, & Kids Dash	NO LUCK IRISH RUN
APR. 19TH	Try Tri Illinois	Sprint & Super Sprint Triathlon	TRY TRI
MAY 5TH	Taco Run Indy 5k	5k	TACO RUN
MAY 17TH	Try Tri Indy	Sprint & Super Sprint Triathlon	TRY TRI
JUL. 4TH	Firecracker 6		FIRECRACKER 6
AUG. 8TH	Beaver Chase	Marathon, 1/2, 1/4, Relay	BEAVER CHASE
SEP. 12TH	Litchfield Triathlou	Sprint, Olympic, Half Triathlon	LITCHFIELD TRIATHLOU
SEP. 3RD	Pizza Run Indy 5k	5k	PIZZA RUN INDIAN
OCT. 18TH	Orchard Dash	5k & Kid's Dash	ORCHARD DASH
NOV. 14TH	Angry Turkey XC	5k & Kid's Dash	ANGRY TURKEY
DEC. 12TH	Red Nose Romp	5k & 10k	red nose romp

Don't be afraid to check it out and enjoy!!

ARRC 2020 Road Series

The Road Series has been discontinued due to the pandemic and race cancellations. We will start up again in 2021. You can still support the races on the schedule starting with the White River Run on September 5th.

The Red Gold races have switched to virtual for their 5K and 10K races.

Be sure to see Doug Rose after the races to report your time or text him!

2020 Road Series

more Dates and Times to come

March 7th @ 9:00am – Dino Trail 5K & 15 K (Mounds State Park)

March 21st –St Vincent’s cancer races at Hoosier Park (Virtual)

April

May 2nd – Indy Mini & (Indianapolis) Bonus Race (Virtual or Deferred)

June 1st @ 6:30pm – TBD Cheers for your Health 5K run/walk Cancelled

Sept. 5th @ 9:00am – White River 5K Run/Walk & 10K run(Anderson)

July 4th (Cancelled) – Chesterfield 5K run/walk (Chesterfield)

Oct 24th – Red Gold run/walk 5K and 10K Runs Virtual

Nov. 1st – Run the Mounds 5 Mile run & 5K run/walk

Nov 26th – ARRC Thanksgiving day run (Anderson)

Dec 2nd – Kris Kringle 4 Mile run & 3 mile walk (New Castle)