
Mar/Apr 2020

The Pacer

PO Box 282, Anderson, IN 46015

www.andersonroadrunners.org

ARRC Editor Chatter

Welcome to the March/April Pacer. Congratulations Carolyn on her 50th state marathon at Maui!! Nice article in the Anderson paper. I am more recovered from my half marathon Maui race. A little ride in the ambulance the last two miles for me. Will start carrying water for any race over a 5K distance. Had a Great time in Maui!!

The 2020 **Thursday Night Points** races will begin with the preseason races starting Thursday April 2nd. Hopefully the weather will cooperate for us. Age group placement is determined by your age as of May 1st, 2020. You can sign up online at the following link:

<https://runsignup.com/Club/IN/Anderson/AndersonRoadRunnersClub>

The **2020 ARRC Road Series** is listed on its page for the coming year. DINO Mounds is coming up quickly on Saturday March 7th at Mounds State Park. Also the St. Vincent Spring Fling Cancer Runs are on March 21st. <https://www.ascensionstvincentcancerchallenge.org/>
All dates on that list are tentative and some based on last year's dates. Will verify dates as possible. Dates for races up to and including the White River Run are correct.

Edna West Bench Dedication

The Anderson Parks Department has received the bench to be dedicated to Edna West. We are looking forward to dedicating the bench on the third race Thursday May 21st. This is a change from the previously mentioned date due to schedule conflicts. Hoping for a big crowd to celebrate this Woman's Great Accomplishments. Anyone still wishing to donate for the bench please see Tammy or Greg.

Shadyside Mile Marker Sign Posts

We are requesting volunteers to help paint the existing mile marker posts around Shadyside in the near future. We are working with the Parks Department on this project. They are replacing the missing posts with new ones, which they will paint. The Parks Dept. is supplying our Club with paint and brushes to paint the existing ones. If we can get a few people after the weather is above 50 degrees, and a dry spell, we need to paint 2 coats. Please monitor Facebook for the date when announced. Chuck Bennett has the new mile marker signs complete and this is turning out to be a great collaboration with the City. They look great, thank you Chuck



Upcoming Events

Mar. 7th – DINO 5K and 15K at Mounds State Park 9:00 and 9:10A Start times

Mar 21st – St Vincent's Cancer Runs at Hoosier Park

Apr. 4th – Carmel Marathon weekend. 5K, 10K, Half and Full Marathons

Apr. 11th – DINO 5K and 15K at Eagle Creek Park 9:00 and 9:10A Start times

Apr. 25th – Dino Prophetstown 5K and 15K 9:00 and 9:10 Starts

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President's Message

Hello Fellow Runners and Walkers,

It was such a pleasure to visit with all of you at the annual Award Dinner. It is a treat to belong to a Club that recognizes everyone's accomplishments, young and old alike. It's not hard to earn an award, you just have to commit to attending a minimum of 8 of the 20 Thursday races, or be a part of the Road Series. I love to see the wide range of ages, abilities, and diversity of experience. You don't have to be a marathon runner, you can be brand new to timed walking or completing your first mile. Do you know of any other type of club where a youngster can participate alongside their parent and grandparent? Our club thrives on families!

If you weren't able to attend the award dinner, please contact a board member to pick up your award, or we will have your award available on Thursdays in April. We have new club apparel and nice seat covers to protect your vehicle after you work out available for purchase on cookout Thursdays as well. Cookouts are on the 3rd Thursday of each month.

You only have one body, take care of it by socializing and raising your heart rate with us.
Tammy Bennett

Feb. 1st ARRC Awards Banquet and Meeting

The Annual ARRC Awards Banquet was held on Feb. 1st at the Church of Jesus Christ of the Latter Day Saints. A nice weather evening and good attendance. Lots of tasty side dishes and desserts along with pulled pork and chicken from Pay Less. Doug Rose provided the Treasurer's Report with club finances doing very well with the success of both the White river Run and Run the Mounds.

WrayJean Fincher retired as Vice President after ten years. Paige Truman left the Board due to new job responsibilities and Nathan Kesler due to moving with Family to Michigan. The new club officer slate was unanimously approved as the following: : President – Tammy Bennett; Vice –President – Geoff Ginther; Treasurer – Doug Rose; Secretary – Ella Carson; Membership & Website – Tom Corda; Editor & Races director – Greg Smith; At Large – Carolyn McKinney; At Large Steve Dearing; At large – Chuck Bennett.

Next on the agenda was the presentation of the Club's Special Awards. The following is the short list:

Special Awards 2019

Jeff Bailey Award for Service – Tammy Bennett

The Dale Johnson Marathoner of the Year - Carolyn McKinney

Volunteers of the Year – Frankie St. Phillips

Male Rookie of the Year Runner – Brian Holzhausen

Female Rookie of the Year Runner – Emily McIntire, Robinne Krugler

Male Most Improved Runner – Tyler Barker

Female Most Improved Runner – Tammy Lightner

Comeback Runner of the Year – Troy Snow

Male Rookie of the Year Walker – Jim Morse

Male Most Improved Walker – Randy Masters

Most improved Female Walker – Ella Carson

Lifetime Member – Stephen Hedgecraft

Once the Special Awards were presented, the Business portion of the meeting was concluded and on to the Thursday Night and Road Series Awards. This year's awards were Fleece Quarter Zip Jackets for First Place, Picnic coolers for Second Place, and USB rechargeable headlamps for Third Place through Eighth place.

A great night to share tales and enjoy the company for good friends!!

2020 White River Run

This coming year's ARRC White river run will be held on Saturday June 6th in conjunction with the Anderson On Tap festivities at the Anderson Town Center. The races will still be the 5K run and Walk and the 10K Run. We are partnering with On Tap to create a full day of activities similar when the race partnered with the Little 500 celebration and car show.

The start for the race will be moved to the Blue Pedestrian Bridge near the Work One Job Source building and Eisenhower Bridge. This is to alleviate parking issues encountered with increased participation. This means new 5K and 10K courses but still along the White River trails.

Mark your calendars for the June 6th date and more information will be forthcoming. Register early to get your name on the bib. Online signup at the following link:

<http://www.WhiteRiverRun.com>

Marengo Cave 5K

Chuck, and Tammy are traveling to Marengo, IN for a destination race weekend for the Marengo *Underground* 5K. We will travel down on Friday, camp in the Marengo Cave Campground, run the race on Saturday June 27, and hopefully do some kayaking or canoeing and cave exploring over the weekend. This is a small campground and it will fill up fast. There is room for 2 tents on our site, or you can get your own site. We would love to have a group from our Club do this together. Please contact me if you are interested or want more details.

<https://www.marengocave.com/>

<https://runsignup.com/Race/IN/Marengo/MarengoUnderground5K>

2020 Membership Information

It's that time again to renew your membership or join as a new member for the 2020 season!! Why not beat the rush and treat yourself for the future. Why not make this coming year something great! Renewals will be available in paper form at the Annual ARRC awards banquet in February 1, 2020. You have 2 options to register as a Club Member. We still accept paper registration forms at:

http://www.andersonroadrunners.org/membership/2020_membership/ARRC_2020_Member_Form.pdf

However, we prefer your online membership registration, available now at:

[Anderson Road Runners Club](http://www.andersonroadrunners.org)

You can sign up online at:

<https://runsignup.com/Club/IN/Anderson/AndersonRoadRunnersClub>

RaceMaker Productions

Lee at Race Maker Productions has offered race discounts for his many races to the Anderson Road Runners Club. See the attached for some really fun races that you may be able to work into your schedule.

RACIN' WITH RACEMAKER 2020

DON'T FORGET! CLUB DISCOUNT CODE: ANDERSONRRC

RACEMAKER.ORG

JAN. 4TH Resolution XC 5k & Kid's Dash		JUL. 4TH Firecracker 6	
FEB. 9TH LoveStruck 5k		AUG. 8TH Beaver Chase Marathon, 1/2, 1/4, Relay	
FEB. 29TH Friggin' Frog XC 5k, 10k, Kid's Dash		SEP. 12TH Litchfield Triathlou Sprint, Olympic, Half Triathlon	
MAR. 15TH No Luck Irish Run Half, 5k, & Kids Dash		SEP. 3RD Pizza Run Indy 5k	
APR. 19TH Try Tri Illinois Sprint & Super Sprint Triathlon		OCT. 18TH Orchard Dash 5k & Kid's Dash	
MAY 5TH Taco Run Indy 5k		NOV. 14TH Angry Turkey XC 5k & Kid's Dash	
MAY 17TH Try Tri Indy Sprint & Super Sprint Triathlon		DEC. 12TH Red Nose Romp 5k & 10k	

Don't be afraid to check it out and enjoy!!

ARRC 2020 Road Series

The New Year will bring a start to the 2020 Road Series beginning with the Mounds DINO races March 7th. The St. Vincent Cancer runs are back at Hoosier Park on March 21st. We are waiting to see some information on the 5K Perk up the Park race.

Road Series members need to contact Doug after each race with their race times. It is very hard to keep track of everyone and give them the proper credit. I would suggest that you get Doug's cell phone number and text him you time even if you give it to him at the race. That way he will have an additional backup record for you.

Tammy created a team for the St. Vincent Anderson Cancer Challenge 5K in our Road Series. Use this link to sign up for the race:

<https://runsignup.com/Race/IN/Anderson/StVincentAndersonCancerRunWalk>

Be sure to see Doug Rose after the races to report your time or text him!

2020 Road Series

more Dates and Times to come

March 7th @ 9:00am – Dino Trail 5K & 15 K (Mounds State Park)

March 21st –St Vincent's cancer races at Hoosier Park

April

May 2nd – Indy Mini & (Indianapolis) Bonus Race

June 1st @ 6:30pm – Cheers for your Health 5K run/walk (Middletown)

June 6th @ 9:00am – White River 5K Run/Walk & 10K run(Anderson)

July 4th @ 8:30am – Chesterfield 5K run/walk & 10K run (Chesterfield)

Oct 10th – Red Gold run/walk 5K and 10K Runs (Elwood)

Nov. 1st – Run the Mounds 5 Mile run & 5K run/walk

Nov 26th – ARRC Thanksgiving day run (Anderson)

Dec 2nd – Kris Kringle 4 Mile run & 3 mile walk (New Castle)