
May/June 2019

The Pacer

PO Box 282, Anderson, IN 46015

www.andersonroadrunners.org

ARRC Editor Chatter

Welcome to the May/ June Pacer. Though it is now Spring, Winter temperatures continue to hang on in the mornings. The April showers continue at five day a week pace. Hope your training has included running and walking between the rain drops. Lots of racing opportunities ahead.

The **Thursday Night Points** races are quickly approaching. The first Points race is **Thursday May 9th**. Sign up now with paper form or online at RunSignUp. Age Group is determined by your age as of May 1st, 2019 for this year. Bring yourself and friends out!! RunSignUp link as follows: [Anderson Road Runners Club](#)

The **2019 ARRC Road Series** is listed on its page for the coming year. The DINO Mounds Races and the Perk up the Park 5K are complete. All dates on that list are tentative and some based on last year's dates. Will verify dates as possible. Dates for races up to and including the White River Run are correct.

Roady Racers

The Roady Racers have their season opener April 30th. Bring your young ones out to begin their running journey. This year will be every Tuesday from April 30-July 23. This will end the kids program before they begin school in the fall. We can use some volunteers to help with watching and directing the kids on the course to ensure their safety and make sure they don't go the wrong way and to encourage them on the course. If you can help even if it's only a few of the Tuesdays, please let a board member know. Giving back to the Club, the children and our community will impact the future and be appreciated by many. Link [Roady Fun Run](#)

Club logo Fleece jackets are on sale for \$30 and hats, socks, and water bottles for \$10 each. Get your club merchandise after a Thursday Night Race.

Awards will be available once the Thursday races start at Shadyside also.



Upcoming Events

May 4th – Indy Mini 5K and Half Marathon. Meet at Military Park

May 9th – First Thursday Night Points Races Shadyside Park

May 18th – Geist Half Marathon, 10K, and 5K Fishers

June 1st – White River Run 5K Run and Walk, 10K Run

June 3rd – Cheers for your Health 5K Middletown

June 8th – Whiskey Chaser Running Festival Nashville IN

June 27th – DINO Muscatatuck 5K and 15K

July 4th – Chesterfield 5K and 10K

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President's Message

Hello Friends,

We are embarking on a new running season with our club! We should be proud to be part of a group that has withstood the test of time. Many factors can cause an organization to fade into oblivion. And many non-profits have come and gone over the years. But not the Anderson Road Runners! We are alive and strong and growing. And it's the members like you that have sustained and kept our club moving forward. This year surround yourself with people that want you to succeed in your goals. Encourage your family and friends to join us and be a part of a club that is 40 years strong!

Tammy Bennett

Indy Mini Tent

This year's Indy Mini is on Saturday May 4th. ARRC has once again obtained a tent in Military Park for pre-race and post-race activities. You can change and leave a gear bag in the tent, which will be maintained during the race. Then you can unwind and share your stories on a race completed. Still looking for a Volunteer or Volunteers to keep an eye on things at the tent! Please contact Tammy soon to set up. Come spend the morning and afternoon and share in the fun and camaraderie!!

2019 White River Run



This coming year's ARRC White river run will be held on Saturday June 1st in conjunction with the Anderson On Tap festivities at the Anderson Town Center.

Start your June off right and with a discount by joining us at the 40th annual White River Run 5k/10k; Partner Event to the Anderson On Tap all on June 1st! The 5k Walk or Run and 10k Run is on paved trail that start off at Shadyside Park and travels along the lakes and the beautiful White River through Anderson, Indiana. The Anderson On Tap festival takes place later that day in downtown Anderson around the Dickman Town Center. It feature ~25 Indiana craft breweries, distilleries & wineries. Entry gets you access to unlimited samples from over 100 different beers, wines & spirits, along with access to the outdoor live music and entertainment. Food will be available for purchase from local food vendors.

VIP tickets (You will be emailed a discount code after you sign up for the White River Run) include an extra hour to enjoy the event, access to shorter lines, limited-edition beers not available during General Admission, and entry into the air-conditioned Paramount Theater during the event for additional private beer tastings on stage, convenient use of the restroom facilities, and access to enjoy additional private, live music. Link at

[White River Run](#)

Every adult registration gets a (\$10) discount code for an Anderson On Tap VIP ticket (sign up for the Run, then the Tap!) and every finisher gets their own White River Run Pint glass! Join us at the after party run/pre party On Tap for a cookout at the Kettle Top in downtown Anderson, IN.

Thursday Night Points Races

The Thursday Night Race Series begins Thursday Night May 9th. This will be a special night with some give-a-ways and some other surprises. Walkers will start at 5:30P and the Runners start at 6:00P. This is the beginning of the twenty week race season. The mid-season break comes the week of the fourth of July. Races conclude the last week of September. Please note that the third Thursday of each month is the pitch in Dinner Cookout with the Club providing the meat. Tasty sides and desserts provided by the members. First cookout will be May 16th.

Participants are competing for weekly age group points for each race determined by order of finish. Please note your time from the appropriate race clock as you finish and take a stick if you are in the series. Please report your time and give the stick to the recorders in a timely fashion. Points are awarded as 50 to 1st, 45 to 2nd, 40 to 3rd, 35 to 4th and one point differential for 5th through the end. Age Group awards are based on total points and a minimum of ten series races completed. Your age group is determined by your age on May 1st of that year.

Looking forward to the new season with all of the point totals back to zero. Hope to see everyone back out from last year and hope to pick up new faces and members also. While the competition can be hot, the rivalries are much friendlier with everyone encouraging each other to perform their best.

Anyone whom has not gotten their 2018 age group awards should see Tammy or Greg after the Thursday Night races. Please pick up your award by end of May or it may become a door prize for a raffle.

2019 Membership Information

It's not too late to become a member for the 2019 season!! Why not beat the rush and treat yourself for the future. Why not make this coming year something great! You have 2 options to register as a Club Member. We still accept paper registration forms at:

http://www.andersonroadrunners.org/membership/2019_membership/ARRC_2019_Member_Form.pdf

However, we prefer your online membership registration, available now at:

[Anderson Road Runners Club](#)

This year the online registration has the Thursday Night race fee and membership fee combined to eliminate the confusion over must be a member to join the Thursday Night Race series. Other options are also available online at Runsignup. Non-Members can still participate in the Thursday night Points races for a \$2.00 per race fee; but are not eligible for year-end age group awards.

ARRC 2019 Road Series

The First two races of the Road series are completed. DINO Mounds and Perk up the Park are in the books. Please make sure that Doug knows you are in the series and has your times for the races you have completed.

Next race up is the Indy Mini Half and 5K. ARRC has a tent in Military Park to store your gear and provide a changing area after the race. Next race is June 1st for the annual ARRC White River Run with 5K/'s and 10K. Cheers to your Health 5K in Middletown is on Monday June 3rd.

Road Series members need to contact Doug after each race with their race times and please make sure he is aware that you are in the Road Series. It is very hard to keep track of everyone and give them the proper credit. I would suggest that you get Doug's cell phone number and text him your time even if you give it to him at the race. That way he will have an additional backup record for you.

Any suggestions for a later July or August race would be welcome that is in the area without too long of a drive. Please send to Doug and or Greg.

Be sure to see Doug Rose after the races to report your time or text him!

2019 Road Series

more Dates and Times to come

March 16th @ 9:00am - Dino Trail 5K & 15 K (Mounds State Park)

April 20th - Perk up the Park 5K at Perkinsville

May 4th - Indy Mini & (Indianapolis) Bonus Race

June 1st @ 9:00am - White River 5K Run/Walk & 10K run(Anderson)

June 3rd @ 6:30pm - Cheers for your Health 5K run/walk (Middletown)

July 4th @ 8:30am - Chesterfield 5K run/walk & 10K run (Chesterfield)

Sept. 14th - Miriam Project 5K run/walk & 10K run (Anderson)

Sept 28th - St Vincent Cancer runs

Oct 12th - Red Gold run/walk 5K and 10K Runs (Elwood)

Nov. 3rd - Run the Mounds 5 Mile run & 5K run/walk

Nov 28th - ARRC Thanksgiving day run (Anderson)

Dec 1st - Kris Kringle 4 Mile run & 3 mile walk (New Castle)