
July/August 2019

The Pacer

PO Box 282, Anderson, IN 46015

www.andersonroadrunners.org

ARRC Editor Chatter

Welcome to the July/ August Pacer. After a couple of weeks of mild temperatures, it appears that we are in for both the heat and humidity. Be sure to hydrate while training and racing!! Some Fourth of July races coming up along with a variety of races in July and August

The **Thursday Night Points** races are near the halfway point. Eight races are in the books. Check your points and standings when you have a chance. The next after race cookout is July 18th. There are still twelve races remaining to qualify for age group awards for the season. Sign up now with paper form or online at RunSignUp. Age Group is determined by your age as of May 1st, 2019 for this year. Bring yourself and friends out!! RunSignUp link as follows:

[Anderson Road Runners Club](http://www.andersonroadrunners.org)

The **2019 ARRC Road Series** is listed on its page for the coming year. The next race in the Road series is the Chesterfield July 4th race. Distances of 5K and 10K are available. Next road Series race is the Miriam Project races in September.



2019 Run the Mounds

Registration for this year's Run the Mounds Races on Sunday November 3rd are open on Runsignup. This year's shirts and sweatshirts will be black in color. Register at this Link <http://www.RunTheMounds.com>

Club logo Fleece jackets are on sale for \$30 and hats, socks, and water bottles for \$10 each. Get your club merchandise after a Thursday Night Race.

Awards will be available once the Thursday races start at Shadyside. Pick up your last season's award before they become race prizes!!



Upcoming Events

July 4th – Chesterfield Optimist 5K and 10K runs.

July 4th – Four for the Fourth at Yorktown.

July 20th – CRRG 8 Hour Dream Race. Catnap 5K early then how far you can go in eight hours Butler Campus.

Aug 10th – Howl at the Moon eight hour race. Kennekuk county park Danville IL.

Aug 17th – DINO 5K and 15K races at Southwestway Park

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2019 White River Run



This year's ARRC White river run was held on Saturday June 1st in conjunction with the Anderson On Tap festivities at the Anderson Town Center. A special Thanks to Tammy and Geoff for a very successful set of 5K and 10K races. Attendance was almost double from last year with 204 race finishers for the three races. Every finisher received this year's collectible pint glass. Quite appropriate for the Anderson on Tap partnership. Thanks also to all of the excellent Volunteers that make this event so special and successful. Looking forward to next year's event!!

Registration is available at an early bird rate for next year's White River Run until July 18. Next year's race is tentatively scheduled for June 6th 2020. Register at <http://www.WhiteRiverRun.com>

Thursday Night Points Races

The Thursday Night Race Series is complete for the Months of May and June. Eight races are now complete with twelve more coming to finish the season. See where your friendly competitors stack up. Results are always available under the Thursday Points tab on our website, Check you r points at this link [Thursday Night Points Races](#). . Our web-master and statistician, Tom Corda, has and continues to record your times and averages faithfully. There is still plenty of time to compete for age group awards with the ten race minimum. Next cookout will be July 18th. Mark you r calendars for the next food extravaganza!!

Participants are competing for weekly age group points for each race determined by order of finish. Please note your time from the appropriate race clock as you finish and take a stick if you are in the series. Please report your time and give the stick to the recorders in a timely fashion. Points are awarded as 50 to 1st, 45 to 2nd, 40 to 3rd, 35 to 4th and one point differential for 5th through the end. Age Group awards are based on total points and a minimum of ten series races completed. Your age group is determined by your age on May1st of that year.

Anyone whom has not gotten their 2018 age group awards should see Tammy or Greg after the Thursday Night races. Please pick up your award by end of May or it may become a door prize for a raffle.

Roady Racers

Thank you to the many supporters of the Roady Racer kids running program for donations. We were able to purchase new banner/flags to display at the weekly Tuesday races. This lively and growing program attracts area families that are looking for a healthy activity parents can do with their children. Weekly attendance ranges from 70-90 children each week. If you know any families with young children, tell them about the Roady Racers!

Tammy Bennett

2019 Membership Information

It's not too late to become a member for the 2019 season!! Why not beat the rush and treat yourself for the future. Why not make this coming year something great! You have 2 options to register as a Club Member. We still accept paper registration forms at:

http://www.andersonroadrunners.org/membership/2019_membership/ARRC_2019_Member_Form.pdf

However, we prefer your online membership registration, available now at:

[Anderson Road Runners Club](#)

This year the online registration has the Thursday Night race fee and membership fee combined to eliminate the confusion over must be a member to join the Thursday Night Race series. Other options are also available online at Runsignup. Non-Members can still participate in the Thursday night Points races for a \$2.00 per race fee; but are not eligible for year-end age group awards.

ARRC 2019 Road Series

The next race in the Road Series is the Chesterfield Optimist 5K and 10K races on Thursday July 4th. Packet pickup and registration is from 7:00 – 8:15A. Races begin at 8:30A. This is a fun set of races with awards to follow. Also an excellent post-race breakfast available afterwards. The Chesterfield Fourth of July Parade starts later.

Road Series members need to contact Doug after each race with their race times and please make sure he is aware that you are in the Road Series. It is very hard to keep track of everyone and give them the proper credit. I would suggest that you get Doug's cell phone number and text him your time even if you give it to him at the race. That way he will have an additional backup record for you.

Any suggestions for a later July or August race would be welcome that is in the area without too long of a drive. Please send to Doug and or Greg.

Be sure to see Doug Rose after the races to report your time or text him!

2019 Road Series

more Dates and Times to come

March 16th @ 9:00am – Dino Trail 5K & 15 K (Mounds State Park)

April 20th – Perk up the Park 5K at Perkinsville

May 4th – Indy Mini & (Indianapolis) Bonus Race

June 1st @ 9:00am – White River 5K Run/Walk & 10K run (Anderson)

June 3rd @ 6:30pm – Cheers for your Health 5K run/walk (Middletown)

July 4th @ 8:30am – Chesterfield 5K run/walk & 10K run (Chesterfield)

Sept. 14th – Miriam Project 5K run/walk & 10K run (Anderson)

Sept 28th – St Vincent Cancer runs

Oct 12th – Red Gold run/walk 5K and 10K Runs (Elwood)

Nov. 3rd – Run the Mounds 5 Mile run & 5K run/walk

Nov 28th – ARRC Thanksgiving day run (Anderson)

Dec 1st – Kris Kringle 4 Mile run & 3 mile walk (New Castle)