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May/June 2018

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# The Pacer

PO Box 282, Anderson, IN 46015

[www.andersonroadrunners.org](http://www.andersonroadrunners.org)

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## ARRC Editor Chatter

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Welcome to the May/June Pacer. Hope that your winter "Spring" training has gone well!! This has been a weather challenge year so far. Hope you have your water wings. Getting antsy for some warmer and drier weather.

The **Thursday Night Points races start up on Thursday May 10<sup>th</sup>** with Walkers starting at 5:30P and Runners starting at 6:00P. Fill out a 2018 membership form or register on line at <https://runsignup.com/Club/IN/Anderson/AndersonRoadRunnersClub>. There is a small fee for signing up on line; but that can be offset with a multi-year membership option. This link will allow you to sign up easily at your convenience for Club Membership. Please follow the link. If you signed up on-line last year, you will already have an account. Please note, after you sign up for Club Membership, you will be given the opportunity to sign up for the Thursday Night Point Series, or the Road Series, or why not do both? These are separate transactions from Club Membership.

**The 2018 ARRC Road Series** kicked off with the DINO Mounds 5K and 15K trail races on Saturday March 17<sup>th</sup>.

The next race in the Road Series is the Indy Mini on Saturday May 5<sup>th</sup>. This is treated as a bonus race with everyone completing the half marathon getting 50 points. The ARRC has a tent in Military Park so that you can leave your gear and enjoy the post-race party at the tent

**Perkinsville Church 5K** The Perk up the Park 5K was a great inaugural event. Swag bags were great and the race managed to find a dry window for the start. The rain picked up into the event but a great time was had by all. The Open Gate served a tremendous post-race breakfast and provided some excellent home décor browsing opportunity, Great job by Jim Hoffman and the Church Volunteer Crew. Hope to see the race again next year.



## Upcoming Events

**May 5<sup>th</sup>** – Indy Mini 5K and Half Marathon. Meet at Military Park

**May 10<sup>th</sup>** – Thursday Points Series begins

**May 19<sup>th</sup>** – Geist 5K and Half Marathon

**June 2<sup>nd</sup>** – Dino Brown Co. 5K and 15K. 9:00A

**June 2<sup>nd</sup>** – Summer Night Trail quarter and Half Marathons 9:00P

**June 4 (TBD)** – Cheers for your Health 5K

**June 9** – White River Run

**July 4** – Chesterfield 5K/10K run/walk

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## **ARRC Thursday Nights**

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The Thursday Night Race Series begins Thursday Night May 10<sup>th</sup>. Walkers will start at 5:30P and the Runners start at 6:00P. This is the beginning of the twenty race season. The mid-season break comes the week of the fourth of July. Races conclude the last week of September. Please note that the third Thursday of each month is the pitch in Dinner Cookout with the Club providing the meat. Tasty sides and desserts provided by the members.

Participants are competing for weekly age group points for each race determined by order of finish. Please note your time from the appropriate race clock as you finish and take a stick if you are in the series. Please report your time and give the stick to the recorders in a timely fashion. Points are awarded as 50 to 1<sup>st</sup>, 45 to 2<sup>nd</sup>, 40 to 3<sup>rd</sup>, 35 to 4<sup>th</sup> and one point differential for 5<sup>th</sup> through the end. Age Group awards are based on total points and a minimum of ten series races completed.

Looking forward to the new season with all of the point totals back to zero. Hope to see everyone back out from last year and hope to pick up new faces and members also. While the competition can be hot, the rivalries are much friendlier with everyone encouraging each other to perform their best.

Anyone whom has not gotten their 2017 age group awards should see Tammy or Greg after the Thursday Night races. Please pick up your award by end of May or it may become a door prize for a raffle.

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## **2018 White River Run**

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The 39<sup>th</sup> Annual White River Run is scheduled for June 9<sup>th</sup>, 2018. The Race features a 5K Walk and Run and the traditional 10K Run. Finishers will receive an award. Top three Male and Female Finishers will receive Special awards for all here race. Top Male and Female Master Finishers will receive a Special award for the 5K and 10K Runs.

Due to the construction in and around the Eisenhower Bridge, a new course for the 10K race will be laid out for this race. Red paint marking will provide the directional arrows along with some signs. 5K course will be the same with turnaround in the wetland area.

Currently the price of the race is \$15.00 with a member discount of \$2.00. This offer is good until May 10<sup>th</sup>. The price increases to \$20.00 and \$18.00 from May 11<sup>th</sup> through May 31<sup>st</sup>. To be guaranteed a shirt you must order by May 31<sup>st</sup>. Some shirts may be for sale day of race but quantities and sizes may be limited.

If you would like to be a Volunteer for the race please contact Tammy or Greg. We are looking for Finish area and course volunteers

Have a number of new Sponsors along with our Golden Sponsors. Please support them and thank them for their Sponsorship. Without their Support, this race would not be successful!!!

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## ARRC 2018 Roady Racers

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We would like to invite families with young children to check out our Children's Running Program on Tuesday evenings. They call themselves the Roady Racers. You can find out more information here: [Roady Fun Run](#)

They also have a Facebook group page called We Are Roady. The first Roady Ribbon night was held Tuesday May 1<sup>st</sup>. There were 69 Roady racers in attendance at the first race. Looking for even more Roadys in the following weeks!!

There is a nice article about spring running from Brock Hagerman as follows: [Brock Hagerman column: Spring is here, which means it's time to run again](#) which includes Frankie and Roady's.

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### Emilie Hobbs

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Emilie Hobbs was a Cross Country Runner and academic at Peru High School. After graduating from Peru High School, she attended Rose-Hulman Institute of Technology majoring in Biochemistry and graduating with magna cum laude honors. During this time, she was the recipient of the Manness Scholarship (A Rose-Hulman Chemistry Scholarship.) While at Rose-Hulman, she was a member of the Rose-Hulman Cross-Country Team, Indoor Track Team, and Outdoor Track Team all four years earning Academic All-Conference honors during 10 out of 12 seasons as well as All-Conference in Cross-Country her senior year. Emilie was also a member of the Alpha Lambda Delta Academic Fraternity. In addition, she worked as a Tutor at Homework Hotline.

She passed away on Friday, February 23rd at 11:00 A.M. at the Franciscan Health Lafayette East Hospital from complications due to cardiac arrest while on a training run. The ARRC contributed to her memorial scholarship fund in her honor. This scholarship fund is now self-sustaining.

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### ARRC Beer Run

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Join us to kick off the First of what should be Monthly Beer Runs this spring/summer! This is a free informal event with no official timing or swag, but [Kettle Top Brewhouse](#) is generously providing a free beer for anyone who finishes the ~2.5 mile run! We strongly encourage everyone to stick around and support the local business and their awesome kitchen offerings as well. There will be live music after the run. We may or may not be singing during the run, depending how many people know the B-2xE-2xR-U-N Song.

The logistics: We start meeting at Kettle Top at 6:30pm on Friday May 11th. At 7pm we'll take off on a group run at whatever pace is most appropriate.

We'll head through downtown and get on the White River Trail at the Blue Bridge and head East along the trail through the [Sanders Memorial Disc Golf Course](#) and Edgewater Park down the Scenic White River Trail . We'll turn back 1 1/4 miles in and head back to Kettle Top for refreshments, hanging out with friends old and new,

and live music shortly after!

Bring your ID as Kettle Top will only be serving adult beverages to those who can prove they are 21 and up!

TL:DR: Cost = Free. 7pm group run start from Kettle Top. About 2.5 miles. Pace at whatever works for the group. Be 21+ and bring your ID. Beer afterwards!

Thanks Geoff for setting this up for those who enjoy an adult beverage once in a while!!!

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## **2018 Membership Information**

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It's not too late to become a member for the 2018 season!! Why not beat the rush and treat yourself for the future. Why not make this coming year something great! You have 2 options to register as a Club Member. We still accept paper registration forms at:

[http://www.andersonroadrunners.org/membership/2018\\_membership/ARRC\\_2018\\_Member\\_Form.pdf](http://www.andersonroadrunners.org/membership/2018_membership/ARRC_2018_Member_Form.pdf)

However, we prefer your online membership registration, available now at:

[Anderson Road Runners Club](#)

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## ARRC 2018 Road Series

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The next race in the Road Series after DINO Mounds is the Indy Mini on May 5<sup>th</sup>. ARRC has once again obtained a tent in Military Park for pre-race and post-race activities. You can change and leave a gear bag in the tent, which will be maintained during the race. George Wilson will be keeping an eye on things at the tent! Then you can unwind and share your stories on a race completed.

June and July are the busiest months for Road Series races. The Cheers for your Health race is tentatively scheduled for June 4<sup>th</sup>. Our club White River Run will be Saturday June 9<sup>th</sup> and people are already signing up! Please share and spread the word with your friends and co-workers. The board is working on some new ideas and partnerships for this year. If you or your place of business would like to sponsor this race, please contact Tammy Bennett. This year race prices will increase the longer you wait to sign up. Please sign up as early as you can.

Please be sure that you contact Doug with your race time after a Road Series Event. He can much more easily check the results knowing that you participated if the event has published results. You are responsible for contacting him with your results.

At the right is the tentative list of 2018 Road Series Races. Join us for a great year of racing!!

### 2018 Road Series

\*more Dates and Times to come\*

March 17<sup>th</sup> @ 9:00am - Dino Trail 5K & 15 K (Mounds State Park) - PAST

May 5<sup>th</sup> - Indy Mini & (Indianapolis) Bonus Race

June 4<sup>th</sup> @ 6:30pm - Cheers for your Health 5K run/walk (Middletown)

June 9<sup>th</sup> @ 8:00am - White River 5K Run/Walk & 10K run(Anderson)

July 4<sup>th</sup> @ 8:30am - Chesterfield 5K run/walk & 10K run (Chesterfield)

July tbd @ 7:30am - CdLS 5K run/walk (Lapel)

Sept.8<sup>th</sup> - Miriam Project 5K run/walk & 10K run (Anderson)

Sept 29<sup>th</sup> @ St Vincent Cancer runs

Oct 13<sup>th</sup> - Red Gold run/walk (Elwood)

Nov. 4<sup>th</sup> - Run the Mounds 5 Mile run & 5K run/walk

Nov 22<sup>rd</sup> - ARRC Thanksgiving day run (Anderson)

Dec 2<sup>nd</sup> - Kris Kringle 4 Mile run & 3 mile walk (New Castle)