
Jul/Aug 2018

The Pacer

PO Box 282, Anderson, IN 46015

www.andersonroadrunners.org

ARRC Editor Chatter

Welcome to the July/August Pacer. Well we seemed to skip Spring and head right into Summer type weather. May was the hottest on record. Reminded me a little too much of being in Mississippi. Hope your training and racing is going well in spite of the heat!!

The **Thursday Night Points** races started on Thursday May 10th. We are now at race eight before the Fourth of July week break, There is **no race Thursday July 5th**. The remaining twelve points races will begin on Thursday July 12th. There are three more summer cookouts left on the third Thursday of each month in July, August, and September. Mark your calendar.

The 2018 ARRC Road Series has two races scheduled for July with a break in August,

The next race in the Road Series is the Chesterfield 5K and 10K races on Wednesday July 4th. Weather could be in the hot range so please plan accordingly.

The Next race is the CDLS race on July 14th in Lapel. This race is a 5K.

Run the Mounds Shirts and Sweatshirts

Jill Marstall is trying to put together a complete collection of all of the shirts and sweatshirts for all of the Run the Mounds races. She is looking for race apparel from all of the 80's years, 1996, 1998, 1999 and 2000. So check your closets and see what you might have and be willing to part with, Please contact her if you would like to contribute Run the Mounds Apparel from those years. Looking at creating a display for Run the Mounds.

ARRC Club Shirts

The New 2018 club shirts are available for sale after each race along with previous year shirts. Older shirts are offered at a discount. Come take a look and try on for size. Look sharper for your next race or training and represent the club



Upcoming Events

July 4th – Chesterfield 5K/10K run/walk

July 14th – CdLS 5K race at Lapel High School

July 21st – CRRG Eight Hour endurance race Butler Campus

Aug 5th – 131 Eagle Creek Trail Runs Quarter/Half/Full Marathons at Eagle Crest

Aug 12th – Howl at the Moon 8Hr Endurance Race Danville IL

Aug 19th – DINO 5K/15K at Southwest Way Park

Aug 25th – Margarita Madness 5K Indianapolis

In this issue...

ARRC Editor Chatter

ARRC Thursday Night Races

2018 White River Run

2018 Roady Racers

ARRC Beer Run 5's Tap Room

Membership information

2018 ARRC Road Series

ARRC Thursday Nights

The Thursday Night Race Series will have completed the first eight races as of Thursday June 28th. Eight really hot and humid races and eight hotly contested races.

There is no race Thursday July 5th. We normally take that week off after racing on the Fourth of July. Racing returns the following week on Thursday July 12th. The Monthly cookout will be on the following week July 19th.

Starting July 12th there are twelve races remaining in the Points Series. So there is still plenty of time to get in ten races to qualify for an age group award. Please plan on attending as many races as you can.

2018 White River Run

The 39th Annual White River Run was a very successful set of races this year. Though a little warm, the weather was nice and sunny for the race. There were 128 Participants that completed the races. Each finisher received a pint glass with the race logo. Top three Male and Female received special awards along with Masters Male and Female for the running races. There were a number of new Sponsors along with our valued long time Sponsors that contributed to success of this race. Please look at these Sponsors first when looking for purchases or services.

5K Walk Winners – Katie King, Carol King, George Wilson, Stephen Dearing & Lori Branch



5K Run Winners – Dawn Miller, Holly Zent, Molly Peche, Felix Rippy, Hayden Martin, Wrigley Longstreet, Michael Taylor, Anne Mejeur



10K Run Winners – Tracy McCormick, Stephanie Moran, Laura Flood, Matthew Jourdan, Aaron Ditsworth, Madison Roeder



Congratulations to all of the race Participants. Results are available on our website at andersonroadrunners.org
Congratulations to Tammy Bennett as Race Director for planning and putting on another Great White River Run!! Hope to see all of you again next year.

ARRC 2018 Roady Racers

We would like to invite families with young children to check out our Children's Running Program on Tuesday evenings. They call themselves the Roady Racers. You can find out more information here:

[Roady Fun Run](#)

They also have a Facebook group page called We Are Roady. The Roady Race season is in full swing every Tuesday. Bring the Kids and enjoy some energetic exercise and competition.

ARRC Beer Run – 5's Tap Room

Friday June 15th was the Second ARRC Beer Run. This one started and finished at 5's Tap Room on Broadway at the former Fire Station 5. Twelve participants were ready to go on a "Hot" evening. A variety of distances were offered to work up the thirst required. One Group did a 5K around Shadyside Lake from the Tap Room. Another group did a 1.65 loop around a portion of the Lake, while I chose a more moderate Half mile loop. All managed to find their way back in a timely fashion dripping with anticipation.

5's Tap Room has a number of craft beers and some wines. There is popcorn, bar cheese and pretzels, and personal pizza's for snacking on. They offered flites of four 4oz beers for a reasonable price to sample several different beers. Pints were also reasonably priced. There is plenty of seating available out front on a patio, in the old fire truck bay, another room in the back and beer garden seating in an enclosed area out back. As one of Geoff's favorite places for adult beverages, I would also highly recommend it and am anxious to go back.



Thanks Geoff for setting this up for those who enjoy an adult beverage once in a while!!! Looking forward to our next excursion.

2018 Membership Information

It's not too late to become a member for the 2018 season!! Why not beat the rush and treat yourself for the future. Why not make this coming year something great! You have 2 options to register as a Club Member. We still accept paper registration forms at:

http://www.andersonroadrunners.org/membership/2018_membership/ARRC_2018_Member_Form.pdf

However, we prefer your online membership registration, available now at:

[Anderson Road Runners Club](#)

ARRC 2018 Road Series

The Fifth Race in the Road Series

The Chesterfield Optimist Club is presenting the Chesterfield Jim Felix Optimist 4th of July 5K and 10K. It is located at the Millcreek Civic Center, 403 W. Main St., Chesterfield Indiana 46017. Registration starts at 7:30 a.m. Race starts at 8:30 a.m. \$18 pre-registered, \$20 day of.

<https://www.facebook.com/events/676785689117504/>

The 6th race is the Lapel Rad's Run and Roar.

The Lapel Lions Club will be hosting Rad's Run & Roar on Saturday, July 14, at 8:30 a.m. at Lapel High School. Registration begins at 8 a.m. This is a 5K that people can run or walk to benefit the CdLS Foundation (Cornelia de Lange Syndrome). All ages are welcome.

This is a memorial event for Conrad Hersberger, a lifelong resident of Lapel, who lived with CdLS until his passing in 2016. Help us support the Foundation, and other people living with this disease in his honor.

Early registration by June 29 is \$15, or \$20 if registering the day of the run. T-shirts are available for \$10. Registration forms are available at the Lapel post office, and Ice Cream Plus. Information is also available on the Lapel Lions' Facebook page.

Be sure to see Doug Rose after the races to report your time!

2018 Road Series

more Dates and Times to come

March 17th @ 9:00am – Dino Trail 5K & 15 K (Mounds State Park) – PAST

May 5th – Indy Mini & (Indianapolis) Bonus Race

June 4th @ 6:30pm – Cheers for your Health 5K run/walk (Middletown)

June 9th @ 8:00am – White River 5K Run/Walk & 10K run (Anderson)

July 4th @ 8:30am – Chesterfield 5K run/walk & 10K run (Chesterfield)

July 14th @ 7:30am – CdLS 5K run/walk (Lapel)

Sept. 8th – Miriam Project 5K run/walk & 10K run (Anderson)

Sept 29th @ St Vincent Cancer runs

Oct 13th – Red Gold run/walk (Elwood)

Nov. 4th – Run the Mounds 5 Mile run & 5K run/walk

Nov 22rd – ARRC Thanksgiving day run (Anderson)

Dec 2nd – Kris Kringle 4 Mile run & 3 mile walk (New Castle)

