The Pacer

PO Box 282, Anderson, IN 46015 www.andersonroadrunners.org



Happy new season to all of our runners and walkers! This year will bring some new changes! Brian Rayl stepped down after serving as club President for the last 6 years. He will remain with the club as an At-Large member. Tammy Bennett was elected in as our new President. Also stepping away this year is Tony Martin who served as our club Treasurer. Doug Rose graciously accepted the task to replace that position.

With Tammy vacating the Secretary position, Tracy Mullins will come in as the new club Secretary.

Wray Jean Fincher will remain as Vice-President extraordinaire, while Cris Miler will remain the club Editor giving you the latest and greatest with The Pacer. Cris also stepped away from the road series and handed the reins over to Greg Smith.

So, let's break it down -

2016 Officers

Tammy Bennett – President
WrayJean Fincher – Vice President
Doug Rose – Treasurer
Tracy Mullins – Secretary
Cris Miller – Editor
Tom Corda – Membership Chairman

At- Large Board Members

Greg Smith – Road Series Director/Run the Mounds Race Director Frankie St. Phillips – At-Large Youth Director Jill Marstall – At-Large Member Brian Rayl – At-Large Member



Upcoming Events

March 19

9:00am – DINO Trail 5K & 15K @ Mounds State Park

April 2

9:00am – Raven Run 5K & 10K @ Anderson University

April 7

6:00pm – Pre-season begins @ Shadyside Park Activity Center

May 7

Indy Mini

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2016 Road Series Babble

Greetings ARRC Road Series participants or shall we say Road Warriors. This year the series will have fourteen races available again. First race up is the **DINO Mounds** on March 19th with 5K for Walkers and 15K for Runners. Next up is the **AU Raven Run** on April 2nd with 5K for Walkers and 10K for Runners. The **Indy Mini-Marathon** is the third race in the series on May 7th for both Walkers and Runners. To compete for Series points you must be a member of ARRC and signed up for the Road Series. You must complete six races and volunteer for at least one race to be considered for age group awards. For a full list of races please check the ARRC website for races and any updates to the race date. While I intend to be at most of these races and take your finish time as a back-up, please e-mail me with your race finish time at qbsmith1@comcast.net if I am not there and have not designated a back-up scorer. Please join me and other ARRC teammates for another year of racing and after race enjoyment.

Greg Smith your bionic Road Series Director.



2016 Road Series

more Dates and Times to come

March 19th @ 9:00am - Dino Trail 5K & 15 K (Mounds State Park)

April 2 @ 9:00am - Raven Run 5K & 10K (Anderson University) NEW THIS YEAR!!!!

May7th - Indy Mini & (Indianapolis) Bonus Race

June 6th @ 6:30pm - Cheers for your Health 5K run/walk (Middletown)

June 11th @ 8:00am - White River 5K Run/Walk & 10K run(Anderson)

July 4th @ 8:30am - Chesterfield 5K run/walk & 10K run (Chesterfield)

July 9th @ 7:30am - CdLS 5K run/walk (Lapel)

Aug 13th - Mooreland fair 5K run/walk & 10K Run (Mooreland)

Sept. - Miriam Project 5K run/walk & 10K run (Anderson)

Sept 24th @ 7:30am - Mill Race Marathon, Half & 5K (Columbus, IN)

Oct - Black Cat 5K run/walk (New Castle)

Nov 6th - Run the Mounds 5 Mile run & 5K run/walk

Nov 24th - ARRC Thanksgiving day run (Anderson)

Dec 4th - Kris Kringle 4 Mile run & 3 mile walk (New Castle)

2016 Annual Meeting and Awards Banquet.

ARRC held their annual banquet on Saturday, February 6th. This year the club went with something different and had pizza as their main meal with everyone bringing their favorite side dish. The board members went through a lot of voting, sweat and tears to come up with the perfect club swag to give away to those that placed in their age groups. Congratulations to all walkers and runners!

Let's take a look at the special awards....

Jeff Baily Award for Service – Steve Hedgecraft

The Dale Johnson Marathoner of The Year - Cris Miller

James West Award for Outstanding Youth - Michael Taylor

Male Rookie of the Year Runner – Kevin McClintock

Male Most Improved Runner – James Simmons

Female Most Improved Runner - Cris Miller

Male Rookie of the Year Walker - Dave Merritt

Female Rookie of the Year Walker – Lora McClintock

Male Most Improved Walker – Greg Stephenson

Female Most Improved Walker – Sherry Robertson

Lifetime Member - JB Dulworth

Mindless Chatter

A lot of people enter races for fun, others enter because they have a constant need to PR. Either way, here are 11 Things a Runner Never Wants to hear....

- 1. The guy in the banana suit is catching you!
- 2. At least you're not last!
- 3. HHOOOONNNKKKKK
- 4. Run the Tangents!
- 5. It's all downhill from here!
- 6. You're almost there.
- 7. Aren't you too old to be running?
- 8. You're ruining your knees!
- 9. Use your legs!
- 10. Run, Forrest, Run!
- 11. Better Hurry Up, they're running out of beer at the finish!



2016 Membership Information

It's not too late to become a member for the 2016 season!! Why not make this year something great! http://www.andersonroadrunners.org/membership/2016 membership/ARRC 2016 Member Form.pdf